# FNS WIC Research Update

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### **Presentation Themes**

We would like to be able to say that

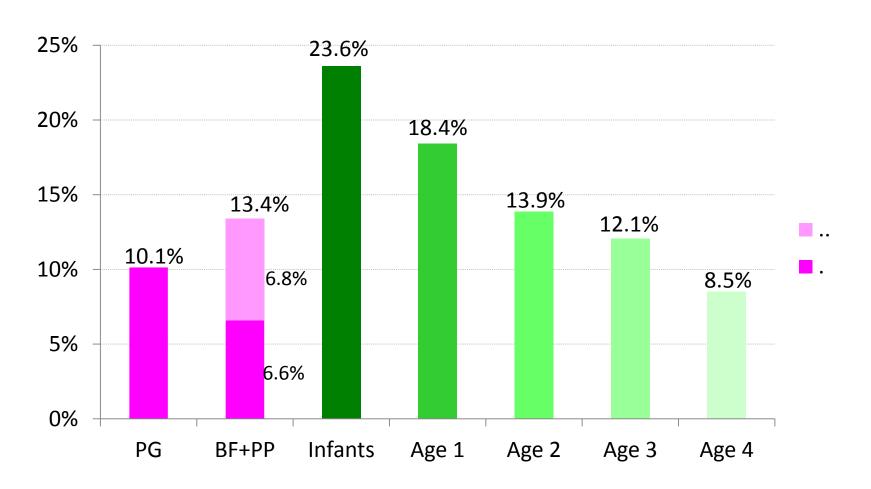
Sound scientific research shows that:

1. WIC is exceptionally well targeted

2. WIC has a high level of program integrity

WIC participation is associated with valuable health impacts

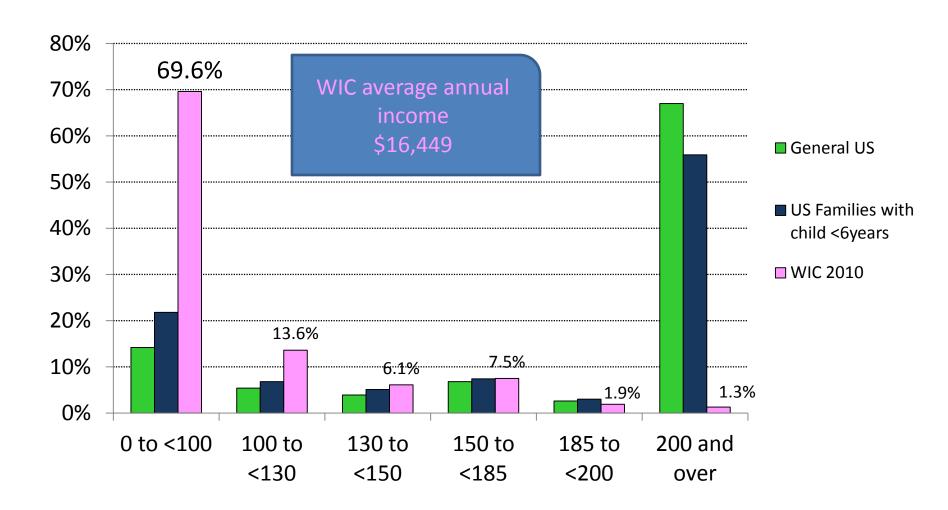
# WIC is exceptionally well targeted... by age of participant



Source: WIC PC2010

# WIC is exceptionally well targeted...

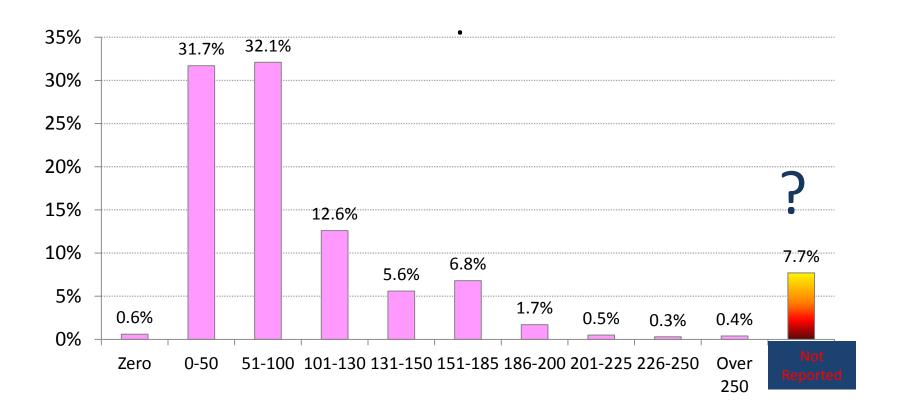
Almost 70% of WIC participants are below poverty at certification\*



<sup>\*</sup> Source: WIC PC2010 Exhibit 3.11, p.48, among those reporting

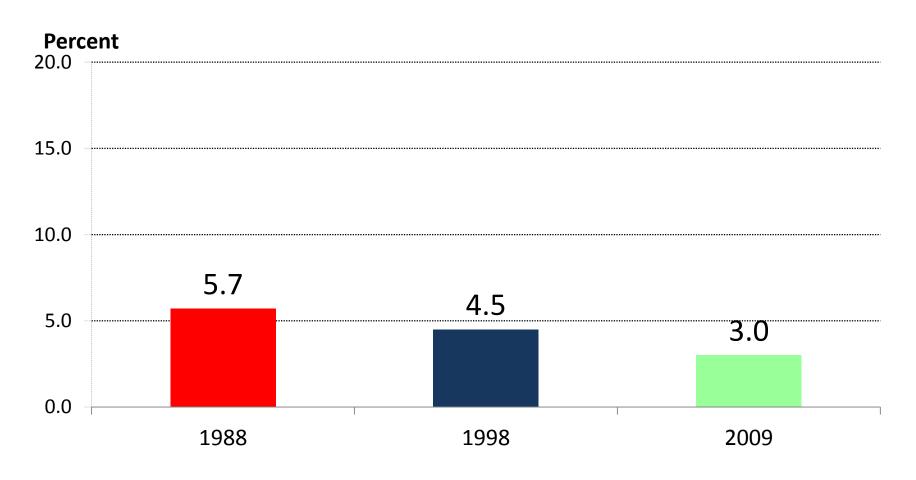
# WIC is exceptionally well targeted...

However, lack of data on 7.7% of participants weakens the point



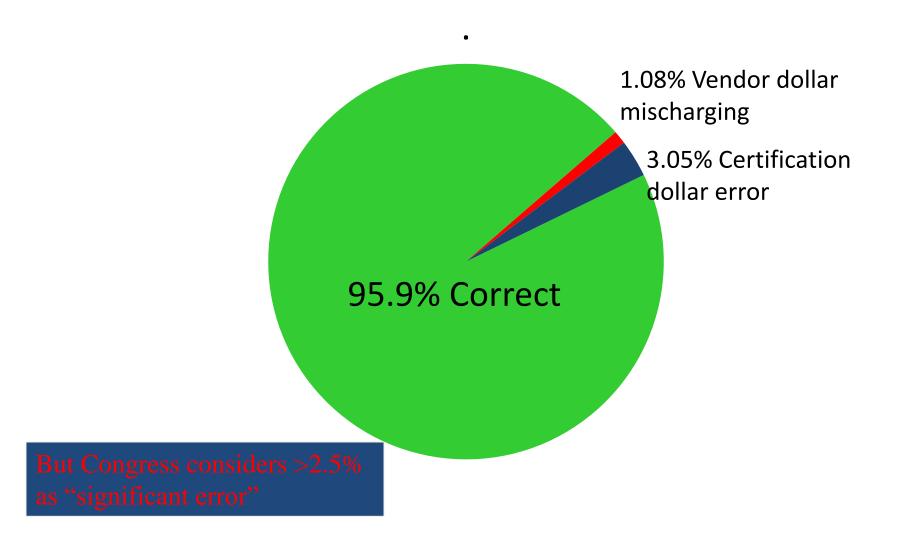
<sup>\*</sup> Source: WIC PC2010 Exhibit 3.7, p.39

### WIC has a high level of program integrity... Certification case error rate at an all-time low



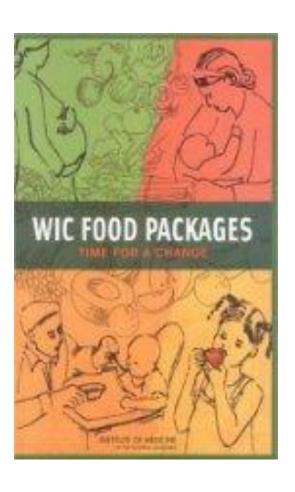
Source: USDA Performance Accountability Report for 2011, page 232

# WIC has a high level of program integrity... 96% of total benefit dollars correctly delivered



### WIC has a high level of program integrity...

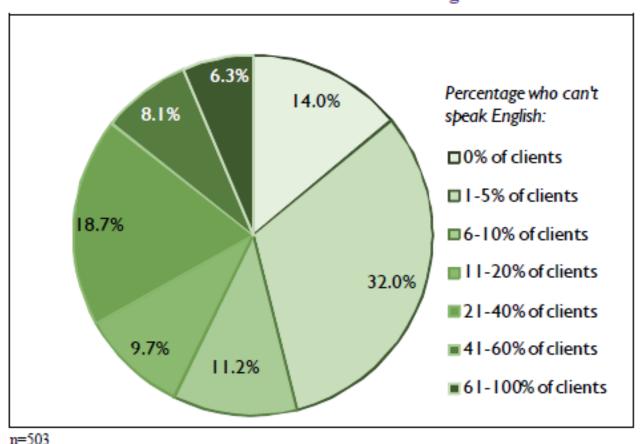
### *In updating food benefits*



- The WIC food package changes were informed by
  - science,
  - scientific experts,
  - policy experts, and
  - public input
- The impacts of a critical component have been evaluated: The WIC Birth Month Study

# Significant numbers of WIC participants cannot communicate in English

Exhibit 4-15: Percentage of WIC Participants Who Cannot Communicate in English

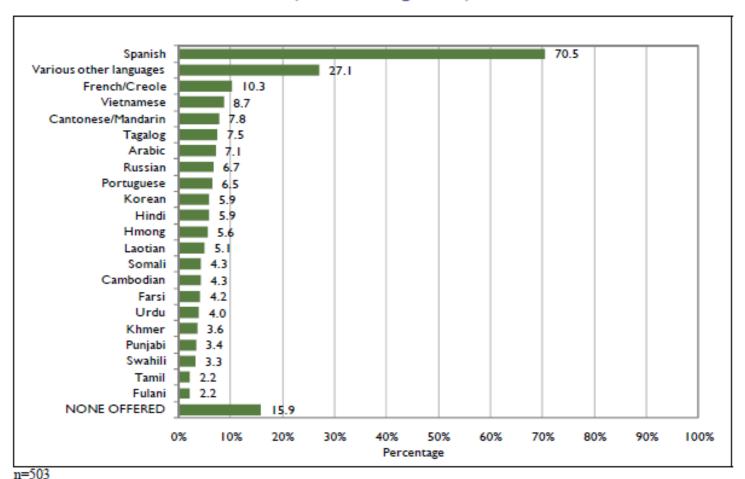


Source: National Survey of WIC Participants II: State and Local Agencies Report

Source: NSWP-II Vol. 2, (p.47)

### WIC provides services in many languages

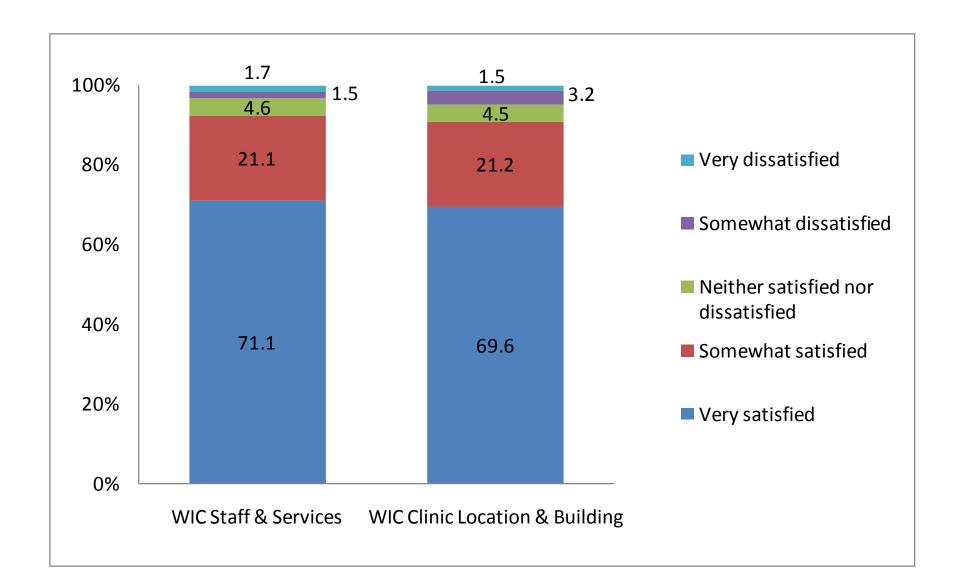
Exhibit 4-16: Foreign Languages Offered by Local WIC Agency Staff (in Descending Order)



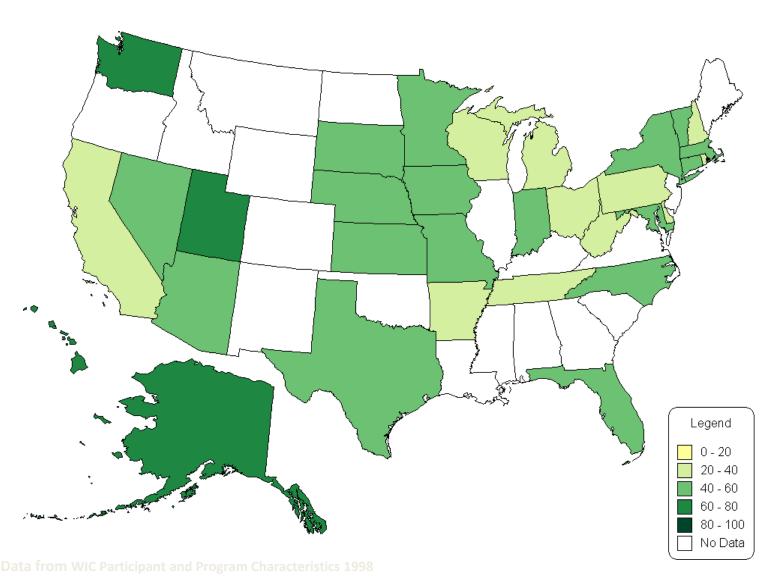
Source: National Survey of WIC Participants II: State and Local Agencies Report

Source: NSWP-II Vol. 2, (p.48)

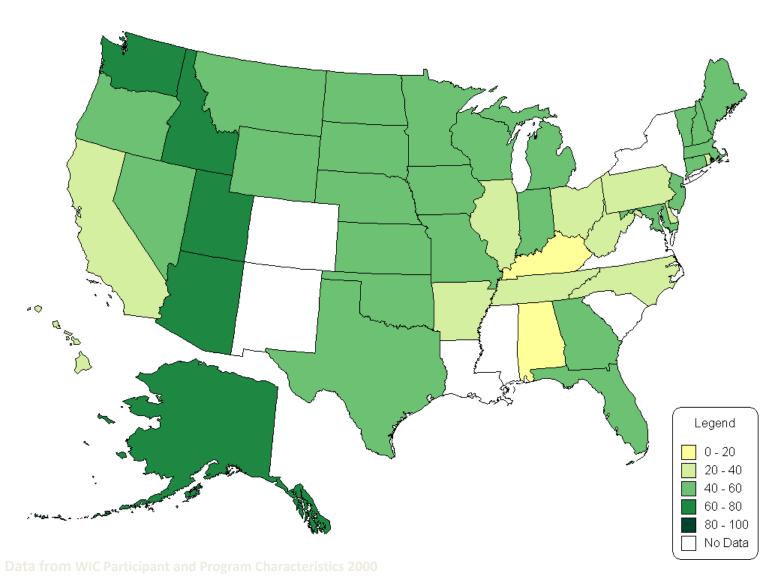
## Participant satisfaction is high.



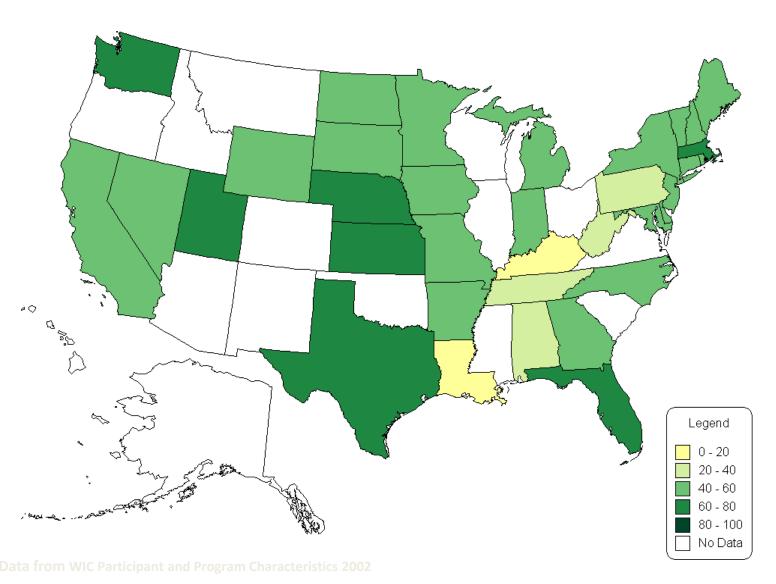
41.5% (7-11mo. Reports by 63 State Agencies)



44.5% (7-11mo. Reports by 68 State Agencies)

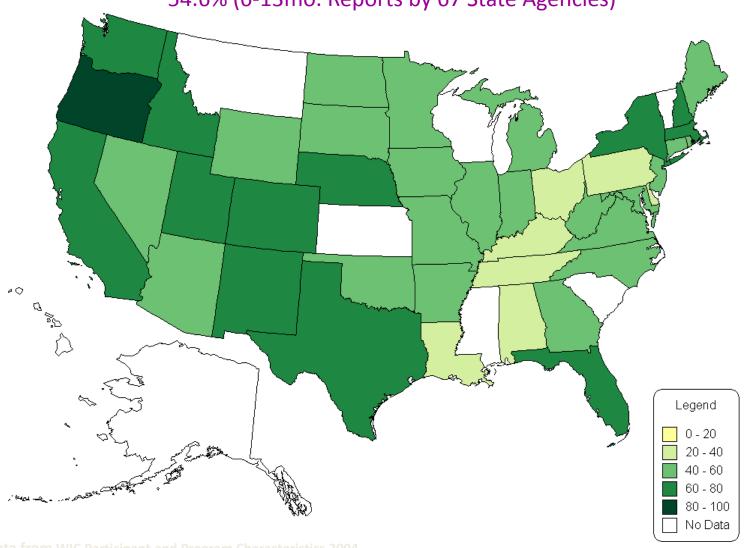


48.3% (7-11mo. Reports by 68 State Agencies)



**56.6**% (7-11mo. Reports);

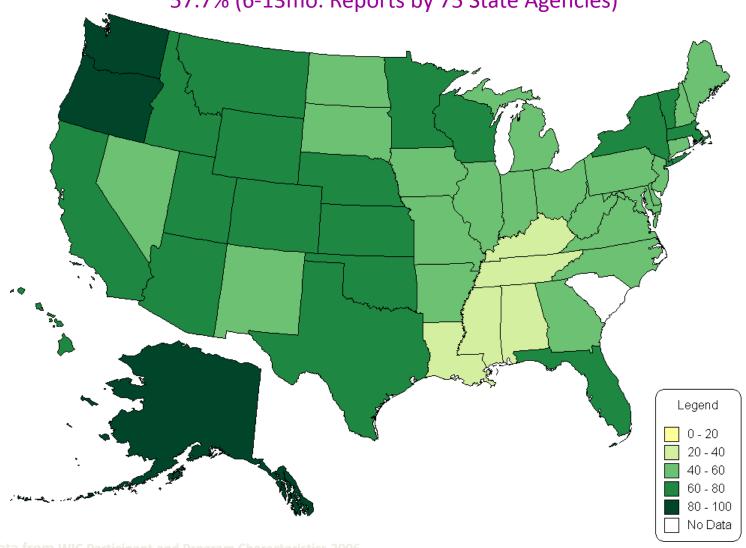
54.6% (6-13mo. Reports by 67 State Agencies)



**Data from WIC Participant and Program Characteristics 2004** 

**59.6**% (7-11mo. Reports);

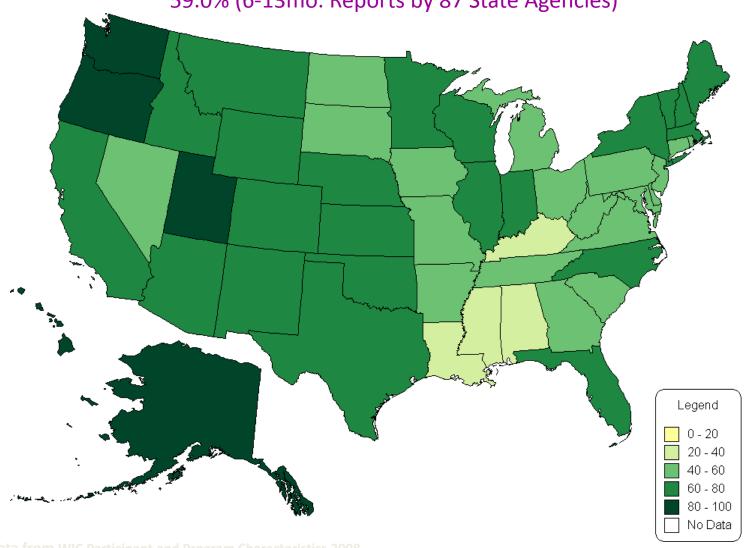




**Data from WIC Participant and Program Characteristics 2006** 

61.0% (7-11mo. Reports);

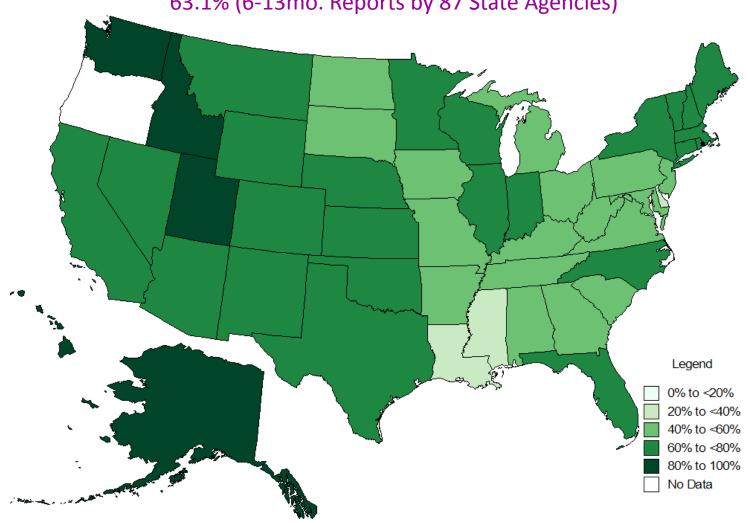




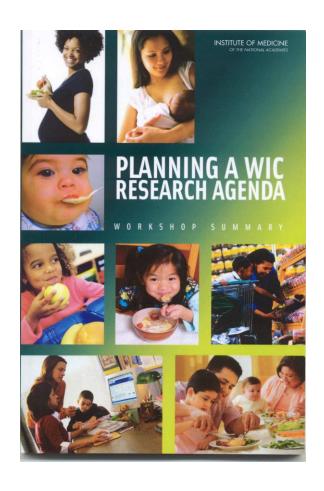
**Data from WIC Participant and Program Characteristics 2008** 

63.9% (7-11mo. Reports);

63.1% (6-13mo. Reports by 87 State Agencies)



### Planning a WIC Research Agenda

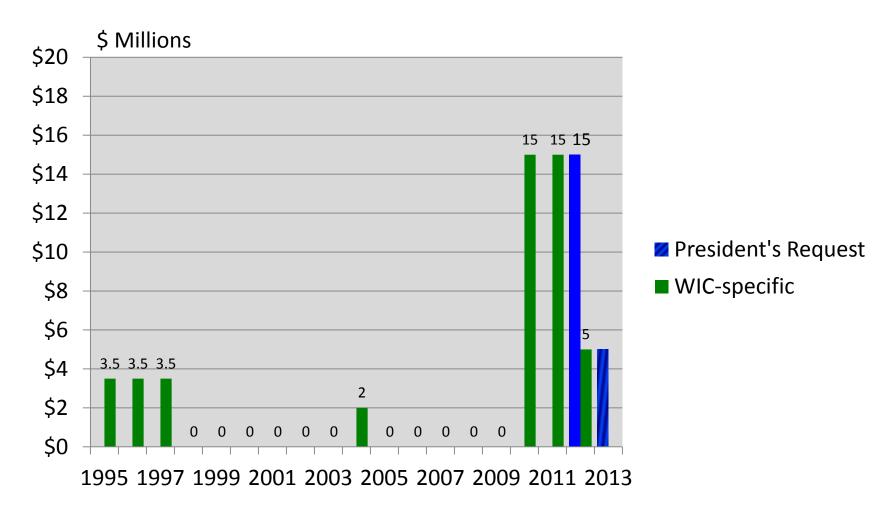


#### **STUDY OBJECTIVES:**

- Obtain expert independent input on the future WIC research agenda;
  - 1. address key research issues
  - 2. address methodological issues
  - 3. discuss solutions
- 90 experts met on July 20, 2010
- IOM Summary has been posted on the FNS website

# Legislative Funding for WIC R&E and Performance Measurement

The recent funding opened new opportunities



Excludes funding from Nutrition Program Administration Account

### WIC Medicaid II

### Objectives

- Explore the feasibility of replicating the 1991 WIC Medicaid study.
- Explore WIC cost-benefit and cost-effectiveness for pregnant women, infants, and children.

### Methods

 Data were collected in Missouri and Oklahoma, including Indian Tribal Organizations in Oklahoma.

### Current Status

- The data are being analyzed.
- Results of the feasibility study are expected Spring, 2014.

# WIC Nutrition Education and Breastfeeding

- Infant Toddler Feeding Practices Study 2
- Baylor Center for Nutrition Education Innovations
- Nutrition Education Study
- Local Breastfeeding Policy Inventory
- Breastfeeding Peer Counseling Survey
- Periconceptional Grants

### WIC Program Management and Cost

- WIC Participant Characteristics (PC)
- 2011 Eligibles Estimates, National and State
- WIC Nutrition Services and Administrative Costs (NSA)
- Impact of Affordable Care Act (ACA) on WIC
- WIC Medicaid Simulation
- FY 2010 Food Cost Report
- IOM Food Package Review

### 2010 WIC Eligibles Estimates, National and State

WIC Eligibles and Coverage by Participant Group, CY* 2010				
	#Eligible	% of All	# Partici-	Coverage
Participant Group	(Millions)	Eligibles	pating	Rate
Infants	2.54	17.4%	2.15	84.8%
Total Children Ages 1-4	9.22	63.4%	4.84	52.4%
Children Age 1ª	2.21	15.2%		
Children Age 2ª	2.34	16.1%		
Children Age 3ª	2.40	16.5%		
Children Age 4ª	2.27	15.6%		
Pregnant Women	1.30	9.0%	0.92	70.8%
Postpartum Women	1.49	10.2%	1.20	80.6%
Breastfeeding Women	0.66	4.6%	0.57	85.1%
Nonbreastfeeding Women	0.82	5.6%	0.63	76.9%
All Participant Groups	14.55	100.0%	9.11	62.6%

<sup>&</sup>lt;sup>a</sup> WIC coverage rates for children by single year of age are not provided because participation data are not available by single year of age.

<sup>\*</sup>Calendar Year

# Improper Payments Information Act (IPIA) Reporting

(a legislative requirement)

- Vendor Management Report
- High-Risk Vendor Microsimulation
- Peer Group Analysis and Best Practices

# Summer EBT for Children

### Objective

Determine impact on Food Security of a \$60/child/month
 EBT benefit for children in NSLP

### Implementation

- Used the WIC EBT technology in TX, NV, MI, Chickasaw,
   Cherokee
- Special food quantities using WIC foods for children (including cash value for WIC fruits & vegetables)

### Findings

Reduced Very-Low Food Security among Children by 33%

## **SNAP Healthy Incentives Pilot (HIP)**

### • Objective

 Determine impact on fruit and vegetable consumption of a SNAP incentive -> \$1 SNAP benefits could purchase \$2 of FFV

### Method

- Randomized, controlled design
- Massachusetts

### Findings

- Interim Report: Participants ate 1/5 cup more FFV
- Final Report: late 2014

## **Questions & Discussion**

Ideas for new WIC studies?

FNS WIC Studies (summaries and full reports) are on the web at:

http://www.fns.usda.gov/Ora/menu/Published/WIC/WIC.htm

Many older FNS WIC Studies are on the web at: <a href="http://www.fns.usda.gov/Ora/menu/Published/WIC/WIC-archive.htm">http://www.fns.usda.gov/Ora/menu/Published/WIC/WIC-archive.htm</a>